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# EXPRESS: Is Implicit Level-2 Visual perspective taking embodied? Spontaneous perceptual simulation of others' perspectives is not impaired by motor restriction.

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**Is Implicit Level-2 Visual perspective taking embodied?  
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3 **Is Implicit Level-2 Visual perspective taking embodied? Spontaneous perceptual**  
4 **simulation of others' perspectives is not impaired by motor restriction.**  
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## Abstract

Visual perspective taking may rely on the ability to mentally rotate one's own body into that of another. Here we test whether participants' ability to make active body movements plays a causal role in visual perspective taking. We utilized our recent task that measures whether participants spontaneously represent another's visual perspective in a (quasi-)perceptual format that can drive own perceptual decision making. Participants reported whether alphanumeric characters, presented in different orientations, are shown in their normal or mirror-inverted form (e.g., "R" vs. "Я"). Between trials, we manipulated whether another person was sitting either left or right of the character and whether participants' movement was restricted with a chin rest or they could move freely. As in our previous research, participants spontaneously took the visual perspective of the other person, recognizing rotated letters more rapidly when they appeared upright to the other person in the scene, compared to when they faced away from that person, and these effects increased with age but were (weakly) negatively related to Schizotypy and not to autistic traits or social skills. Restricting participants' ability to make active body movements did not influence these effects. The results therefore rule out that active physical movement plays a causal role in computing another's visual perspective, either to create alignment between own and other's perspective or to trigger perspective-taking processes. The postural adjustments people sometimes make when making judgements from another's perspective may instead be a bodily consequence of mentally transforming one's *actual* to an *imagined* position in space.

Keywords: *perspective taking; visual perspective taking, mentalizing, submentalizing, perceptual simulation; navigation; mental rotation; mental imagery; active inference*

**Is Implicit Level-2 Visual perspective taking embodied? Spontaneous perceptual simulation of others' perspectives is not impaired by motor restriction.**

Humans effortlessly take others' perspectives and derive what they can or cannot see, or how a scene looks to them (Flavell, Everett, Croft & Flavell, 1981). This everyday skill allows people to give a passer-by directions so they can plan a route from their own perspective, or work out whether an oncoming driver has noticed them before safely crossing a road, for example. These abilities to understand how others view the world have been argued to underlie the ability to coordinate actions with others (Freundlieb, Kovács, & Sebanz, 2016), and may form the basis of more sophisticated social abilities such as reasoning about others' beliefs, desires, and goals (Batson, Early, & Salvarani, 1997; Erle & Topolinski, 2015; Tomasello, Carpenter, Call, Behne, & Moll, 2005; Mattan, Rotshtein & Quinn, 2016).

Recent work has conceptualised the ability to derive another's viewpoint onto a scene as a form of perceptual simulation, which inserts the content of another's perspective into one's own perceptual processes, as if it were one's own perceptual input (Kampis, Parise, Csibra, & Kovács, 2015; Surtees, Apperly, & Samson, 2016; Ward, Ganis, & Bach, 2019; but see Cole & Millet, 2019, for a critical view). Such a (quasi-)perceptual representation could then drive one's own action and decision-making processes just like own input, explaining the developmental link between visual perspective taking and higher-level mentalizing (Batson et al., 1997; Erle & Topolinski, 2015; Hamilton, Brindley & Frith, 2009; Tomasello et al., 2005; Mattan, et al., 2016) and its link to joint action (e.g., Freundlieb et al., 2016).

A recent series of studies from our lab provided direct evidence that people represent others' perspectives on an object in a similar way to their own visual perspective (Ward et al., 2019; Ward, Ganis, McDonough & Bach., 2020), and that these (imagined) other-perspectives can drive perceptual decision making processes in the same way as one's own perceptual input, similar to other perceptual simulation processes (e.g. see Roelfsema & de Lange, 2016, for a

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3 review). Prior studies had already provided evidence for an overlap between one's own and  
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5 others' representations of the world, so that stimulus judgments become harder if another  
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7 person would make the same judgements differently from their perspective (e.g., Sampson,  
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9 Apperly, Braithwaite, Andrews, & Bodely Scott, 2010; Surtees, Samson, & Apperly, 2016;  
10  
11 Tversky and Hard, 2009; Zwickel and Müller, 2010; Zwickel, White, Constantin, Senju &  
12  
13 Frith, 2010). Yet, these studies left open whether this interference happens on a perceptual  
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15 level or a conceptual/response level, or whether it simply indexes the uncertainty when a  
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17 person becomes aware that others would judge the same stimulus differently than oneself. In  
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19 addition, questions exist on whether these effects truly reflect perspective taking, or whether  
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21 they are perhaps better accounted for by domain-general "submentalizing" processes, such as  
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23 the cuing of attention or a coding in object-centred spatial reference frames (i.e., Heyes,  
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25 2014; Santiesteban et al., 2014; Conway et al., 2017).

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31 To reveal whether people have (quasi-)perceptual access to the content of another's  
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33 perspective, we tested whether another's viewpoint facilitates perceptual judgments that  
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35 would be difficult from their own. We adapted the classic mental rotation task, in which  
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37 participants simply report, as quickly as possible, whether alphanumeric characters at various  
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39 orientations are presented in their canonical or mirror-inverted form (e.g. "R" vs. "Я"). The  
40  
41 well-known finding is that the time it takes to make these judgements increases linearly the  
42  
43 more the characters are rotated away from upright (Shepard & Meer, 1971), because people  
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45 first must mentally rotate them back into their canonical orientation before being able to  
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47 judge them. Here, we used this task to test whether people would spontaneously make these  
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49 judgments *from the perspective of the other person*, so that they can rapidly judge items that  
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51 are oriented away from themselves, if they appear upright to the other person. Indeed,  
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53 participants recognized the items more quickly when an incidentally inserted other person  
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55 would have a more upright view of the to-be-judged character than them, whilst judgements  
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3 that would be more difficult from this other perspective became slower. Moreover, regression  
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5 analyses showed that recognition times across letter orientations increased linearly with the  
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7 angular disparity of the item not only to the participant's viewpoint, but also to the other  
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9 person's viewpoint, suggesting that participants mentally rotated the items from *their own*  
10  
11 *and the other's* perspective.

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15 These data provided direct evidence that people can mentally represent the content of  
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17 another's viewing perspective in a form that can "stand in" for own visual input and drive  
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19 subsequent perceptual judgements and mental rotation processes. Importantly, these shifts to  
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21 the others' perspective occurred spontaneously, even when the persons in the scene were  
22  
23 completely task irrelevant. Further studies showed that the same effects were not present  
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25 when the person was substituted for an inanimate object (i.e., a lamp that "looks" at the letter  
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27 as the persons did, Ward et al., 2019), but increased substantially when participants were  
28  
29 explicitly asked to take the other person's perspective. More recent work (Ward et al., 2020)  
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31 showed that these shifts into the other's perspective are not sensitive to where this person  
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33 currently looks but reflect their location in space and which perspectives this vantage point  
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35 would, in principle, afford (irrespective of where the person actually looks).  
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41 An interesting anecdotal observation was that, within these tasks, participants would  
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43 sometimes inadvertently shift their *actual* position towards the other person's, angling their  
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45 head slightly rightwards if another person appeared to the left of the items on the screen, and  
46  
47 leftwards if the person appeared to the right. This observation fits with the view that  
48  
49 perspective taking is an 'embodied' process (e.g., Kessler & Rutherford, 2010; Kessler &  
50  
51 Thompson, 2010; Kessler & Wang, 2012), in which people mentally rotate themselves into  
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53 the position of the other person. Studies have shown for example that explicit perspective  
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55 taking (i.e., consciously judging how a scene would appear to another person with a different  
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57 view) takes longer the more another person is rotated from one's own perspective  
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3 (Kozhevnikov, Motes, Rasch & Blajenkova, 2006; Surtees et al., 2013; Kessler & Rutherford,  
4  
5 2010). Similarly, when people physically align their posture with that of another person,  
6  
7 judgements from this *other*-perspective become easier, whilst adopting a misaligned posture  
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9 makes it harder to take this other person's perspective. In this view, the subtle adjustment of  
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11 posture we observed might therefore reflect an epiphenomenal 'leakage' from the mental  
12  
13 transformation of people's actual to the imagined other-position, similar to other bodily  
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15 consequences of motor imagery (Colton, Bach, Whalley & Mitchel, 2018; Bach, Allami,  
16  
17 Tucker, & Ellis, 2014; Bach, Griffiths, Weigelt & Tipper, 2010; Jacobson, 1930; Vargas,  
18  
19 Olivier, Craighero, Fadiga, Duhamel & Sirigu, 2004).  
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24 Here we ask whether these bodily movements are not simply bodily signs of a mental  
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26 perspective transformation, but whether they play a *causal* role in driving the shift to the  
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28 other person's perspective. There are two ways in which overt body movements could  
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30 facilitate judgments from the other person's perspective. First, several recent proposals from  
31  
32 the field of embodied cognition argue that people actively use their own body and the  
33  
34 environment to scaffold cognitive judgments (e.g., Glenberg, 2010; Proffitt, 2006; for  
35  
36 perspective taking, see Tversky & Hard, 2010). In our case, people could have used the  
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38 bodily movement to trigger "embodied" processes that allow them to picture the world from  
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40 another's perspective. When people grow up, they develop highly automatic processes that  
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42 allow them to predict the perceptual consequences of their actions (i.e. "forward models",  
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44 Blakemore, Frith & Wolpert, 1999; Miall & Wolpert, 1996), such that they can predict,  
45  
46 before the action is completed, which visual (e.g., Hughes & Waszak, 2011), auditory  
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48 (Kunde, Koch, & Hoffmann, 2004), or tactile sensations it will produce (e.g., Morrison,  
49  
50 Tipper, Fenton-Adams & Bach, 2013; Bach, Fenton-Adams & Tipper, 2014). In mental  
51  
52 rotation tasks, it has been shown for example that manual rotations consistent with the speed  
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54 and direction of mental rotations facilitate faster judgements. These movements appear to  
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3 directly support the mental rotation, as restricting these movements or asking participants to  
4 make different movements interferes with imagery of finger movements (e.g., Vargas et al.,  
5 2004) or mental rotation processes (Wohlschläger & Wohlschläger, 1998). Similar links have  
6 been observed for emotion judgments and restrictions of one's own facial musculature,  
7 restriction of hand movements and abstract mathematical relationships (Cook, Yip & Goldin-  
8 Meadow, 2010; Neal & Chartrand, 2011; Parsons, 1994), and aesthetic judgments (Wolfin &  
9 Guinote, 2015). In our task, therefore, people could make subtle overt movements towards  
10 the other person's location for the same purpose: to trigger the very processes that predict the  
11 perceptual consequences of how the world would look if these movement had been  
12 completed.

13  
14 A second possibility is that the body movements reflect actual attempts to effectively sample  
15 the scenes from the other person's perspective. Recent proposals from the domain of  
16 predictive processing argue that perception is not a passive process, but a process of "active  
17 inference" in which people constantly move their bodies (Friston, Daunizeau & Kiebel, 2009)  
18 and their eyes (e.g., Parr & Friston, 2017) to most effectively sample the information that  
19 they require for the task, or to fulfil their prior expectations and avoid 'surprising' states  
20 (Friston, 2010). In our task, the presence of a person on the left or the right might have  
21 triggered body movements so that people's own perspective – and the perceptual input they  
22 receive – aligned more closely with that of the other person. For our task, this raises the  
23 possibility, therefore, that the measured shifts into the other's perspective do not reflect  
24 changes to participants' *mental* representation of perceptual input, but a change in the  
25 *perceptual* input they receive brought along by the body movements they make, so that they  
26 can actually see the item better in orientations that aligns with the other person's location.

27  
28 One effective way to test whether the subtle body movements of participants play a role in  
29 perspective taking is by comparing performance in conditions in which these movements are  
30

possible and conditions in which they are restricted. As noted above, movement restriction manipulations have long been used to test whether motor processes play a role in cognitive tasks, across a variety of tasks from emotion perception (Neal & Chartrand, 2011), to mathematical reasoning (Cook et al., 2012), to aesthetic judgments (Wolfin & Guinote, 2015). In particular, during social perception, restricting people's mouth movements impairs recognizing emotions in others' faces (e.g., Orłowska, Rychłowska, Szarota & Krumhuber, 2021; Jospe, Flöel & Lavidor, 2017; 2018; Neal & Chartrand, 2011), presumably because people can no longer match their physical body state to that of the observed person. More generally, restricting hand movements disrupts people's access to visuospatial content (Rauscher, Krauss, & Chen, 1996; Cook et al., 2012) and biases them towards visual rather than motor strategies in mental rotation (e.g., Moreau, 2013; Chu & Kita, 2008; Sirigu & Duhamel, 2001). By the same token, restricting one's head/body movements should disrupt both one's ability to physically match one's visual perspective to that of the avatar in the scenes, and one's ability to trigger "embodied" perspective taking processes that mentally rotate one into the avatar's body. To the extent that previous perspective taking effects depend on either mechanism, they should be reduced when these movements are restricted.

We gave participants the same mental rotation task as in our previous studies (Ward et al., 2019; 2020) and asked them to report whether alphanumeric characters appearing on a table in front of them in different orientations were presented normally or were mirror-inverted (e.g. "R" vs. "Я"). In some of the trials, a person appeared in the scenes and looked at the items from either the left or the right of the table. This allows us to measure how much faster items are identified when they face the other person (and therefore appear upright to them), compared to facing away from them. The crucial manipulation was that in half of the trials, participants' movement was restricted using a chinrest. In these trials, they could therefore not adjust their own body movement to either actively sample the scenes from the others'

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3 perspective or to trigger “embodied” perspective taking processes. If movements are causal in  
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5 creating the shifts to the others’ perspective, then restricting participants’ movement should  
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7 disrupt perspective taking, and the response time benefits for items easy to recognize for the  
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9 other person would be reduced or eliminated. If, however, the movements are simply  
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11 epiphenomenal ‘leakage’ of mental rotations into the other person’s body, then preventing  
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13 these movements should have no effect.  
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17 A second goal of the current study was to explore whether, and, if so, which, individual  
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19 differences determine the tendency to spontaneously take another’s visual perspective.  
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22 Testing for such potential relationships is important because they provide insights about the  
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24 role the measured processes play in everyday life, and how or whether they are related to  
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26 individuals’ higher-level social interaction skills. Several candidate characteristics exist. First,  
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28 prior work suggests that individuals with schizophrenia are impaired in social interactions  
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30 and understanding (for a review, see Brüne, 2005) and they have specific difficulty in tasks  
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32 requiring mentalizing (e.g., Langdon & Coltheart, 1999; 2001; Langdon, Coltheart, Ward &  
33  
34 Catts, 2001) and/or own body spatial transformations (Mohr, Blanke & Brugger, 2006). We  
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36 therefore tested whether participants’ tendency to spontaneously compute the other’s visual  
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38 perspective (as measured in our task) is negatively related to Schizotypal traits, assessed by  
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40 the Schizotypy Questionnaire (STQ; Claridge & Brocks, 1984). Similarly, autism spectrum  
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42 conditions have long been associated with problems in Theory of Mind in general (Frith,  
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44 Morton & Leslie, 1991; for a review, see Hamilton, 2009) and perspective taking in particular  
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46 (Hamilton, Brindley & Frith, 2009). We therefore also gave the Autism Quotient (AQ;  
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48 Baron-Cohen, Wheelwright, Skinner, Martin & Clubley, 2001) to all participants, to ascertain  
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50 to whether autistic-like traits in the neurotypical population predict spontaneous perspective-  
51  
52 taking. Note that autism has been specifically linked to difficulties in selecting, not  
53  
54 computing, another’s visual perspective (e.g., Ramsey, Hansen, Apperly & Samson, 2013;  
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Schwarzkopf, Schilbach, Vogely & Timmermans, 2014; Qureshi, Apperly & Samson, 2010). If true, no relationships are expected, as our task was designed to measure spontaneous perspective computation, not intentional perspective selection. Finally, we tested for the proposed link between spontaneous perspective taking and general mentalizing/social interaction skills (e.g., Batson et al., 1997; Erle & Topolinski, 2015; Tomasello et al., 2005; Mattan, et al., 2016), using the Interpersonal Reactivity Index (IRI; Davies, 1983). A link between perspective-taking and the IRI and various measures of perspective taking has been reported before (e.g., Level 1 VPT, Bukowski & Samson, 2017; emotional perspective taking, Trilla, Weigand & Dziobek, 2020).

## Method

### *Participants*

Seventy-nine naive participants (59 women, 1 non-binary gender) were recruited via the University of Plymouth student participation pool. All participants were adults (age range 18-35) and gave written informed consent according to the declaration of Helsinki. Approval was obtained from the University of Plymouth Ethics Committee. Seven additional participants were not analysed due to malfunctioning response recording. Participants received course credit as compensation. After exclusion (error > 20%), the remaining sixty-one participants (46 women, 1 non-binary gender; mean age: 20.5 years, range: 18-35) provide 80% power to detect effects in the range of  $d = .32$ . Prior work on this paradigm (Ward et al., 2019) has revealed that effect sizes are substantially larger ( $.747 < d < 1.08$  for the main perspective taking effect). For correlations with measures of individual differences, the sixty-one participants provide 80% power to detect correlation coefficients of  $r = .25$

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3 (two-tailed), or  $r = .23$  (one-tailed).  
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9 *Apparatus, stimuli and procedure*  
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11 All experiments were conducted in behavioural testing lab space of the University of  
12 Plymouth. The experiments were administered using Presentation® software (Version 18.0,  
13 Neurobehavioral Systems, Inc., Berkeley, CA, www.neurobs.com). Stimuli were presented  
14 on a 19" LED computer monitor (Resolution: 1900x1200; Refresh rate: 60Hz). Responses  
15 were made on a standard computer keyboard with UP, DOWN, and SPACE keys as active  
16 response keys. Red and green stickers were positioned on the DOWN and UP keys,  
17 respectively. A standard chinrest was provided for participants, fixed with a screw clamp  
18 central to the computer monitor at a distance of 60cm, and a height of 30 cm from the desk  
19 surface. Participants' actual body or head movements were not recorded.  
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----- **Figure 1 about here** -----

41 Participants sat upright facing the screen at a distance of approximately 60cm and were given  
42 written and verbal instructions. They were given examples of the rotated items that would  
43 appear on the screen and completed eight training trials that were identical to the main  
44 experiment (Figure 1). Each trial (total trials = 572) started with a fixation cross displayed for  
45 400ms, followed by 300ms blank screen. The subsequent stimulus sequence included two  
46 frames, measuring 33.4 by 23.5 degrees of visual angle, presented without inter-stimulus  
47 interval. The first frame was presented for 1500 to 2200 ms. In one third of the trials, it  
48 showed a view onto a corner of a square table in a grey room. The remaining trials showed a  
49 person sitting behind the same square table, gazing at the centre of the table. The person  
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3 could either be male or female and sat either on the left or right side of the table in an equal  
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5 number of trials.  
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8 The second frame in the sequence was identical to the first frame, but now one of 48 possible  
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10 items appeared on the table, at the location on the table the on-screen person was gazing at.  
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13 This item was one of three alphanumeric characters (4, P, or R), presented either in the  
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15 canonical version or mirror-inverted about their vertical axis, in one of eight orientations ( $0^\circ$ ,  
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17  $45^\circ$ ,  $90^\circ$ ,  $135^\circ$ ,  $180^\circ$ ,  $225^\circ$ ,  $270^\circ$ ,  $315^\circ$ , with  $0^\circ$  denoting the upright canonical orientation and  
18  
19 angles increasing in a counter-clockwise fashion) relative to the participant. The characters  
20  
21 always appeared in the same position on the table, half-way between the outward corner of  
22  
23 the table and its centre, such that the persons to the left and right would gaze at the table from  
24  
25 roughly  $90^\circ$  and  $270^\circ$ , respectively (perpendicular to the viewpoint of the participant), as at  
26  
27 these angles the character's angular disparities from the participant and the other person were  
28  
29 statistically orthogonal across conditions. Rotation of the alphanumeric characters occurred  
30  
31 around their centre point. This frame remained on the screen until a response was made to a  
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33 maximum duration of 3500ms. Participants were asked to judge whether each character was  
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35 presented in its canonical or mirror-inverted form. Participants responded using their right  
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37 hand by pressing the green key to indicate a canonical item and the red key to indicate a  
38  
39 mirrored item. Response times were measured relative to item onset.  
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45 The trials were divided into four blocks of 144 trials each. Half were completed using a chin  
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47 rest (height 30 cm from desk, 60 cm from screen) in order to restrict motion, and the  
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49 remaining half of trials were completed without a chin rest, in an ABAB order,  
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51 counterbalanced across participants. The presented stimuli were pseudorandomised across  
52  
53 blocks, such that all possible combinations of actor-location/item/presentation/orientation  
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55 were shown in both the headrest and no-headrest condition throughout the experiment. In  
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3 both conditions the viewing distance from head to screen was approximately 60cm, as in all  
4  
5 previous experiments.  
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### 10 11 *Quantification and Statistical analysis* 12

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14 Data (pre-)processing and analysis was identical to Ward et al., (2019, 2020) and conducted  
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16 in Microsoft Excel (2010) and JASP (2018). Violin plots were created using Raincloud Plots  
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18 (Version 1; Allen, Podiaggi, Whitaker et al., 2019). Power analyses were conducted in  
19  
20 G\*Power (Version 3.1; Erdfelder, Faul, & Buchner, 1996).  
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24 Dependent measures were the recognition times (measured from item onset) for each  
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26 character orientation (0°, 45°, 90°, 135°, 180°, 225°, 270°, 315), depending on person  
27  
28 location (No-person, Person-left, Person-right) and movement condition (Free-movement,  
29  
30 No-Movement). Analogous analyses of error rates were also conducted to rule out  
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32 speed/accuracy trade-offs. In both conditions, error rates numerically followed the pattern of  
33  
34 the main recognition times but did not show statistically reliable differences (Table 1).  
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37  
38 To quantify changes in recognition times when the characters either faced the participant (i.e.  
39  
40 was seen in its canonical orientation from the perspective of the participant) or the other  
41  
42 person in the scenes, we derived two analogous and statistically independent summary  
43  
44 measures, as in our previous work (Ward et al., 2019). The first summary measure  
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46 *Toward/Away-bias* indexes to what extent characters were recognized faster the more they  
47  
48 faced towards the participant (0°) rather than away from them (180°), separately for each  
49  
50 participant and each condition (No-person Free-movement, Person-left Free-movement,  
51  
52 Person-left No-movement, Person-right Free-movement, Person-right No-movement and No-  
53  
54 person No-movement). This measure therefore quantifies the mental rotation effect (Shepard  
55  
56 & Metzler, 1981). The second summary measure (Left/Right-bias) indexes how much faster  
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3 characters are recognized the more they are oriented towards the left ( $270^\circ$ ) rather than right  
4  
5 ( $90^\circ$ ), or vice versa. This allows us to test whether a participant spontaneously takes the  
6  
7 actor's perspective, as the Left/Right bias – how much faster left-oriented than right-oriented  
8  
9 letters are judged – should then depend on whether this person sits on the left or the right.

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11  
12 The contribution of each character orientation to the two summary measures was derived by  
13  
14 treating each participant's recognition time for this character orientation as a vector in a  
15  
16 coordinate system, with the recognition time providing the distance from the origin and the  
17  
18 rotation angle the polar angle. A character orientation's contribution to the Toward/Away-  
19  
20 bias was then derived simply from the recognition times multiplied with the negative of the  
21  
22 cosine of the orientation angle. As a result, characters contribute negatively the more they  
23  
24 face the participant ( $315^\circ$ ,  $0^\circ$ ,  $45^\circ$ ) and positively the more they are oriented away from  
25  
26 them ( $225^\circ$ ,  $180^\circ$ ,  $135^\circ$ ). Similarly, the contribution of a character's orientation to the  
27  
28 Left/Right-bias was calculated as the recognition time multiplied with the sine of the  
29  
30 orientation angle. Character orientations contribute positively the more they face to the left  
31  
32 ( $45^\circ$ ,  $90^\circ$ ,  $135^\circ$ ) and negatively the more they face to the right ( $225^\circ$ ,  $270^\circ$ ,  $315^\circ$ ). This  
33  
34 procedure effectively maps the changes evident in the radar plots for each angle onto two  
35  
36 orthogonal and statistically independent summary measures, so that they can be compared  
37  
38 across conditions without accruing alpha inflation due to multiple testing, which would result  
39  
40 if each of the eight angles were compared separately.

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42  
43 By averaging these values, separately for each summary measure, participant and condition  
44  
45 (No-person, Person-left, Person-right), we are able to calculate, first, whether characters were  
46  
47 recognized faster the more they appear in the canonical orientation to the participant  
48  
49 (negative values on the Toward/Away-bias) compared to when they are oriented away  
50  
51 (positive values), reflecting the expected mental rotation effect. Similarly, they allowed us to  
52  
53 calculate to what extent items were recognized faster the more they were oriented leftwards  
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3 and therefore would appear in their canonical orientation to a person sitting to the left  
4  
5 (positive values on the Left/Right-bias) rather than rightwards, where they would appear in  
6  
7 their canonical orientation to a person sitting on the right (negative values). We were then  
8  
9 able to determine if this left/right bias changed depending on whether another person was  
10  
11 presented in the scenes and on whether the person was on the left or on the right.  
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14  
15 The crucial comparison is the difference between the Left/Right-biases in the Person-left and  
16  
17 Person-right conditions, which describes how much faster letters are recognized when rotated  
18  
19 left than right, depending on whether the other person is sitting to the left or right. Note that  
20  
21 the direct comparison of the Person-left and Person-right conditions is statistically identical to  
22  
23 the comparison of how much person presence shifts mental rotation performance in the  
24  
25 Person-left and Person-right conditions relative to the No-Person baseline (i.e. how much  
26  
27 person presence shifts recognition times away from  $0^\circ$  towards either  $90^\circ$  or  $270^\circ$ ), as this  
28  
29 would involve subtracting the same baseline value from each of the two conditions for each  
30  
31 participant, and would therefore not affect the absolute difference between them.  
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### 39 *Across-participant regression analyses.*

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41  
42 In prior work, the mental rotation effect is sometimes characterised in terms of separate linear  
43  
44 regressions of an items' recognition time to its angular disparity relative to the participant, for  
45  
46 each participant separately (Shepard & Metzler, 1971). The results reveal linear increases  
47  
48 with increasing angular disparity for the large majority of participants. Here, we used this  
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50 analysis model to test whether an item's recognition times can be described, on a single  
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52 participant basis, as a linear increase of the character's angular disparity *both* to the  
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54 participant and to the other person. To this end, we entered each participant's item mean  
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56 recognition times for each character orientation in the Person-left and Person-right condition  
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3 as dependent variable in a single multiple regression, for each participant separately, with the  
4  
5 item's angular disparity to the participant and to the other person as two statistically  
6  
7 independent predictors. This analysis provides statistically independent regression  
8  
9 coefficients for both predictors – angular disparity to participant and the other person – for  
10  
11 each participant separately. We report mean across-participant regression coefficients for  
12  
13 each of these two predictors and compare them with t-tests against zero.  
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### 20 *Individual differences measures*

21  
22 All participants were given three paper questionnaires after the computer task. First, the  
23  
24 *Autism Quotient* (AQ; Baron-Cohen, Wheelwright, Skinner, Martin & Clubley, 2001)  
25  
26 consists of 50 questions assessing social skills (e.g., I enjoy social occasions), attention to  
27  
28 detail (e.g., I often notice small sounds when others do not), attention switching (e.g., I prefer  
29  
30 to do things the same way over and over again), communication (e.g., I enjoy social chit-  
31  
32 chat), and imagination (e.g., I find making up stories easy). The overall score gives a measure  
33  
34 of autistic traits, where numerically high scores indicate high levels, and scores at the lower  
35  
36 end indicate lower levels of autistic traits. Responses are recorded using a four-point Likert  
37  
38 scale, with the options Definitely Agree, Slightly Agree, Slightly Disagree, and Definitely  
39  
40 Disagree. Prior validation studies (e.g., Baron-Cohen et al., 2001b and Wakabayashi et al.,  
41  
42 2006) show moderate to high internal consistency (Cronbach's alpha = .63–.77) and high  
43  
44 test–retest reliability ( $r = .70$ ), in both autistic and neurotypical samples.  
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50  
51 Second, the *Interpersonal Reactivity Index* (IRI; Davis, 1983) is a 28 item questionnaire  
52  
53 measuring empathy, comprised of the four subscales measuring perspective taking (e.g. I  
54  
55 sometimes try to understand my friends better by imagining how things look from their  
56  
57 perspective), empathic concern (e.g. I am often quite touched by things that I see happen.),  
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3 fantasy (e.g. I daydream and fantasize, with some regularity, about things that might happen  
4 to me) and personal distress (e.g. When I see someone who badly needs help in an  
5 emergency, I go to pieces). Responses are made on a 5-point Likert scale ranging from “does  
6 not describe me well” to “describes me very well”. Numerically high scores indicate high  
7 levels of empathy, whilst lower scores indicate low levels of empathy. Prior validation  
8 studies show moderate to high internal consistency (Cronbach’s alpha = .73–.83; DeCorte,  
9 Buyse, Verhofstadt, Roeyers, Ponnet & Davis, 2007) and high test–retest stability (Intraclass  
10 correlation coefficients = .71–.86; Gilet, Mella, Studer, Grünh, Labouvie-Vief, 2013).  
11  
12 Finally, the *Schizotypy Questionnaire* (STQ; Claridge & Brocks, 1984) is a short measure of  
13 schizotypal personality traits, and consists of two scales, corresponding to the distinction  
14 made in the Diagnostic and Statistical Manual of Mental Disorders, Third Edition (DSM-III;  
15 American Psychiatric Association, 1980) between schizotypal personality disorder (STA  
16 scale) and borderline personality disorder (STB scale). Simple ‘yes/no’ responses are made to  
17 questions targeting schizophrenic-like features (e.g. Do you ever suddenly feel distracted by  
18 distant sounds that you are not normally aware of?), and borderline-personality traits (e.g. Do  
19 you at times have an urge to do something harmful or shocking?), scoring 1 for ‘yes’  
20 responses, and 0 for ‘no’ responses. Numerically high scores indicate higher levels of  
21 Schizotypy, whilst lower scores indicate lower levels. Here we were interested specifically in  
22 schizotypal traits, therefore only responses for questions 1-37 in the STA part of the STQ are  
23 collected and reported in this study.

24  
25 We tested whether either of these individual difference measure predicts people’s  
26 spontaneous tendency to take the other person’s perspective. This tendency is indexed by the  
27 difference between left/right-biases when a person is sitting on the left compared to when  
28 they are sitting on the right, reflecting how much faster/slower item recognition the more  
29 items are oriented towards/away from the other person. We therefore calculated this

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3 difference for each participant separately by subtracting the mean left/right-bias value for a  
4 person sitting on the right from the value for a person sitting on the left. Scores for the AQ  
5 (Baron-Cohen et al., 2001), the IRI (Davis, 1983), and the STQ (Claridge & Brocks, 1984)  
6 were then entered as predictor variables, and perspective taking scores as the dependent  
7 variable, into a multiple linear regression model.  
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## 18 Results

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20 As in our prior work (Ward et al, 2019; Ward et al., 2020), erroneous responses (8% on  
21 average) were excluded from the analysis of recognition times (RTs), as well as trials with  
22 RTs longer than 2000ms, or shorter than 150ms.  
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### 31 *Mental rotation*

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33 We first confirmed that our data replicate the known mental rotation effect (Shepard &  
34 Meltzer, 1971), where RTs increase linearly with the item's angular disparity to the  
35 participant. We first derived the overall (across conditions) towards/away bias, indexing in  
36 milliseconds how much more slowly items are identified the more they are rotated away from  
37 the participant compared to towards them, and compared it with a simple t-test against zero.  
38 This towards/away bias was positive in all conditions,  $M=54.14$ ;  $SD=22.09$ ,  $t(60)=19.14$ ,  
39  $p<.001$ ,  $d=2.45$ ,  $BF_{10}=2.124e+24$ , showing, unsurprisingly, that items are identified more  
40 quickly the more they are oriented towards the participants. We further confirmed this mental  
41 rotation effect by regressing each item's recognition time to the expected linear increase with  
42 angular disparity, as in prior research (Shepard & Metzler, 1971; Ward et al., 2019),  
43 revealing positive slopes in all bar one participant, mean  $\beta = 1.5$ ;  $t(60)=23.34$ ,  $p<.001$ ,  $d=2.99$ ,  
44  $BF_{10}=3.124e+28$ .  
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----- Figure 2 about here -----

We then verified that this overall mental rotation effect was not affected by person presence and the chinrest manipulation. As the actors would sit at 90° and 270° angle to the participant, and their location was therefore orthogonal to the towards/away axis, we did not expect that person presence/location would affect the overall mental rotation effect. Indeed, a 2x3 ANOVA on the towards/away-biases across conditions with the factors Movement (No-movement, Free-movement) and Location (person left, person right, no person) did not reveal any significant main effects or interactions,  $F < 1$ ,  $BF_{10} < .155$  for all. When conditions were analysed separately, decisive evidence of slower recognition for turned away items was present in all conditions,  $t(60) > 12.99$ ,  $p < .001$ ,  $d > 1.7$ ,  $BF_{10} > 1.188e+16$ , for all.

### *Perspective taking*

The main question was whether people would spontaneously take the perspective of the other person in the scenes, such that items were recognized faster when oriented towards compared to away from this other person, and whether this effect, in turn, was determined by whether participants were able to physically align their posture with the actors in the scenes. We therefore derived, for each participant and condition separately, the Left/Right-bias, which indexes how much faster left-oriented items are identified compared to right-oriented items. Here, positive values indicate faster recognition times for left-oriented items (upright to person sitting on the left) and negative values indicate faster recognition of items oriented to the right (upright to a person seated on the right).

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3 These left/right biases were entered into a 2 x 2 ANOVA, with Location (person-left, person-  
4 right) and Movement (No-movement, Free-movement) as within subject factors. Replicating  
5 our prior work, this analysis revealed decisive evidence of a main effect of Location,  
6  $F(1,60)=50.556, p<.001, \eta p^2=.457, BF_{10}=2.240e+14$ . As in our prior work (Ward et al.,  
7 2019), left/right-biases were more negative (indexing faster recognition of rightwards- than  
8 leftwards oriented letters) when someone was sitting on the right, and more positive  
9 (indexing faster recognition of leftwards- than rightwards oriented letters) when someone was  
10 sitting on the left confirming that the presence of another person facilitates faster judgements  
11 when items are seen as upright from the position of this other person.  
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24 The predicted interaction of Location and Movement,  $F(1,60)=.689, p=.41, \eta p^2=.011, BF_{10}$   
25  $=1.196$ , was not significant, indicating that people spontaneously simulate the visual  
26 perspectives of the inserted persons, even when they are unable to physically align  
27 themselves with their position in space. Direct comparisons for left/right bias revealed  
28 reliable differences for person-left and person-right locations in both the free-movement  
29 condition,  $t(60)=6.81, p<.001, d=.87, BF_{10}=2.367e+6$ , and in the no-movement condition,  
30  $t(60)=5.07, p<.001, d=.65, BF_{10}=3916.17$ . Next to this, the analysis only revealed an  
31 unpredicted and theoretically irrelevant main effect of Movement, so that recognition times  
32 were generally faster in the free movement condition, but Bayesian analyses revealed this  
33 effect to be negligible,  $F(1,60)=4.82, p=.031, \eta p^2=.074, BF_{10}=.381$ .  
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### Regression analysis

As in our previous studies, we tested whether recognition times could be described as independent linear increases depending on an item's angular disparity to the participant as well as the other person, by using both disparities as orthogonal predictors in a single simple regression model, for each participant and condition separately (and then comparing them against zero). Overall, these revealed very strong evidence for independent contributions of both the angular disparity to the participant, mean  $\beta = 1.39$ ,  $t(60) = 19.181$ ,  $p < .001$ ,  $d = 2.46$ ,  $BF_{10} = 1.189e+24$ , and to the other person, mean  $\beta = .38$ ,  $t(60) = 7.209$ ,  $p < .001$ ,  $d = .92$ ,  $BF_{10} = 1.000e+07$ , showing that recognition times can be described by independent mental rotation functions from one's own and the other person's perspective.

To test how these linear relationships were affected by participants' ability to move freely, each participants' beta estimates were entered into a 2 x 2 repeated measures ANOVA with Movement (Free-movement, No-movement) and Viewpoint (Self, Other) as within-subject factors. As expected, this analysis provided decisive evidence for a main effect of Viewpoint,  $F(1,60) = 129.57$ ,  $p < .001$ ,  $\eta^2 = .68$ ,  $BF_{10} = 2.117e+32$ , showing that the angular disparity towards the participants determined recognition times to a stronger extent than angular disparity to the other person. As the main analysis, it provided considerable evidence against any influence of the ability to move freely on the linear relationships. There was neither a main effect of Movement,  $F(1,60) = .615$ ,  $p = .436$ ,  $\eta^2 = .010$ ,  $BF_{10} = .154$ , nor an interaction of Movement and Perspective,  $F(1,60) = .016$ ,  $p = .9$ ,  $\eta^2 = .00$ ,  $BF_{10} = .141$ . Thus, there was neither an overall change in how strongly angular disparities to the participant and the other person determined recognition times, nor a specific change in the contribution of either the angular disparity to the participant and the other person. Indeed, in the no-movement trials, both the angular disparity away from upright to the participant, mean  $\beta = 1.37$ ,  $t(60) = 16.01$ ,  $p < .001$ ,  $d = 2.05$ ,  $BF_{10} = 1.632e+20$ , and to the actor, mean  $\beta = .35$ ,  $t(60) = 5.02$ ,  $p < .001$ ,  $d = .64$ ,

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3  $BF_{10}=3507.56$ , determined recognition times. The same was also true for free-movement  
4 trials, where angular disparity to the participant, mean  $\beta=1.41$ ,  $t(60)=17.426$ ,  $p<.001$ ,  $d=2.23$ ,  
5  
6  $BF_{10}=9.920e+21$ , and to that of the other person, mean  $\beta=.40$ ,  $t(60)=6.87$ ,  $p<.001$ ,  $d=.88$ ,  
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10  $BF_{10}=2.818e+06$  provided reliable contributions to RTs.  
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### 16 *Relationships to individual differences*

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18 A second goal of the study was to test how individual differences in the tendency to judge the  
19 items from other's perspective is related to individual differences in Schizotypy, Autistic  
20 Traits and Reactivity in social interactions. We therefore correlated each participant's  
21 spontaneous perspective taking score (the difference in the left/right bias when the other  
22 person was sitting on the left or the right) separately with each of their three questionnaire  
23 scores and their age, across all conditions. Other correlations of potential interest are reported  
24 in table S1.  
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35 We first correlated participants' age with spontaneous perspective taking scores measured in  
36 our task, replicating our prior finding (Ward et al., 2019) that people take another's  
37 perspective more as they increase in age,  $r=.38$ ,  $p=.003$ ,  $BF_{10}=13.52$ . We then tested whether  
38 perspective taking was negatively correlated with participants' self-reported measures of  
39 Schizotypy as seen in prior work (Langdon et al., 2001; Langdon & Coltheart, 2001). The  
40 results indeed revealed a negative relationship between participants' STQ scores and their  
41 spontaneous perspective taking scores, replicating this finding,  $r=-.26$ ,  $p=.044$ ,  $BF_{10}=1.166$ .  
42 Note that here  $BF$  is below 3 and close to 1, indicating that this may be a spurious effect. We  
43 then correlated spontaneous perspective taking scores against IRI scores ( $M=68.45$ ;  
44  $SD=11.34$ ) and AQ scores ( $M=16.64$ ;  $SD=6.29$ ) giving a measure of the relationship  
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60 between perspective taking and social ability. Neither revealed a reliable



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3 relationship,  $r < .08$ ,  $p > .543$ ,  $BF_{10} < .191$ , for all. No correlations were observed even when  
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5 correlations were computed separate for each of the questionnaires' sub-scales (IRI, all  $r <$   
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7  $.102$ ; AQ, all  $r < .175$ ).  
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10 Multiple linear regressions analyses were conducted to test whether these questionnaire  
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12 scores and participants' age were reliable predictors of perspective taking. Using the enter  
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14 method, all variables were hierarchically entered into the model individually, revealing that  
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16 when all variables were included, the model reliably predicted spontaneous perspective  
17  
18 taking score,  $R^2 = .24$ ,  $f(4, 53) = 4.059$ ,  $p = .006$ . With all variables included, beta coefficients  
19  
20 confirmed that both age,  $\beta = .376$ ,  $t = 3.013$ ,  $p = .004$ , and STQ score,  $\beta = -.268$ ,  $t = -2.154$ ,  $p = .036$ ,  
21  
22 provided reliable contributions to the model, whilst AQ score,  $\beta = .093$ ,  $t = .679$ ,  $p = .5$ , and IRI  
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24 score,  $\beta = .094$ ,  $t = .716$ ,  $p = .477$ , did not.  
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29 The addition of STQ scores increased the predictive power of a model containing only age as  
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31 a predictor by 6%,  $F(1, 55) = 4.210$ ,  $p = .045$ , but the individual addition of AQ and IRI scores  
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33 as predictors did not improve the model,  $R^2 \text{change} < .07\%$ ,  $F(1, 54/53) < .513$ ,  $p > .477$  for all,  
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35 further confirming that AQ and IRI scores are unrelated to our measure of spontaneous visual  
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37 perspective taking.  
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## 48 Discussion

49 We tested whether people's tendency to spontaneously take another's visual perspective  
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51 depends on their ability to make active body movements to physically align one's own  
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53 perspective with that of another. In a version of our recent task (Ward et al., 2019; 2020), we  
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55 asked participants to judge the presentation (mirror-inverted or canonical) of alphanumeric  
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57 characters on a table, shown at varying orientations. Between trials, an incidentally presented  
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3 person appeared to either the left or the right of the item. The results replicated, first, the  
4 well-established mental rotation effect (e.g., Shepard & Metzler, 1971), with recognition  
5 times increasing linearly the more items were rotated away from the participant's own  
6 viewing perspective, in line with the idea that the items first must be mentally rotated back  
7 into their canonical (upright) orientation before they can be judged. The results also replicate  
8 our finding (Ward et al., 2019; 2020) that participants spontaneously draw on the other  
9 person's perspective to make these judgments. Participants recognized items oriented away  
10 from themselves more quickly when the items would appear upright to the other persons in  
11 the scenes, and more slowly when the items are even further rotated away from the other  
12 person. Thus, leftward-oriented items were recognized more quickly when another person  
13 saw the letter from the left than the right, and vice versa for rightward-oriented letters.  
14 Finally, regression analyses replicated the finding that recognition times increased linearly  
15 not only with the item's angular disparity to the participant, but also to the other person,  
16 suggesting a mental rotation from their own and the other's perspective. Together, these data  
17 therefore confirm that people spontaneously represent other's visual perspectives in a manner  
18 that can "stand in" for own perceptual input. Once represented in such a manner, the others'  
19 view on the task relevant item can drive item recognition and mental rotation processes like  
20 one's own perceptual input, facilitating judgments that would be easier from this other-  
21 perspective and slowing those down that would be more difficult.  
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47 The crucial question was whether these spontaneous shifts into the other's perspective depend  
48 on people's ability to shift their own body posture into the other's position, either because  
49 such movements physically more closely align one's own viewpoint with that of another, or  
50 because they trigger "embodied" rotation processes into the other's location in space. Prior  
51 research has shown that several cognitive processes, from mental rotation (Wohlschläger &  
52 Wohlschläger, 1998) to emotion recognition (Neal & Chartrand, 2011) or mathematical  
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3 reasoning (Cook et al., 2012) are supported by the body movements people make at the same  
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5 time, with performance decreasing if these movements are restricted or not compatible with  
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7 the mental operation. Movement restriction in particular has been shown to disrupt people's  
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9 ability to read emotion from others' faces (Jospe et al., 2017; 2018; Neal & Chartrand, 2011),  
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11 their use of motor strategies in mental rotation tasks (Moreau, 2013; Sirigu & Duhamel,  
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13 2001), and their general access to visuospatial content (Rauscher et al., 1996; Cook et al.,  
14  
15 2012; Chu & Kita, 2008). We did not, however, find similar disruptive effects in our  
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17 spontaneous visual perspective taking task. When participants' movements were restricted  
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19 with a chinrest, the shifts into the others' perspective were just as strong as when participants  
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21 were free to move, showing that people's ability to derive how a scene looks to another does  
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23 not rely on the ability to *physically* move one's head or body.

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29 These findings show, first, that visual perspective taking, as measured in our task (Ward et  
30  
31 al., 2019), cannot simply be explained as a consequence of participants' physical alignment  
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33 with the persons on the screen, which could potentially make item recognition easier. Several  
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35 proposals argue that perception is not a passive process, but a process of "active inference" in  
36  
37 which people actively move their body to better sample the information required (e.g.,  
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39 Friston, 2010). Our data strongly rule out that, in our task, simulation of others' perspectives  
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41 is achieved by bringing one's own perspective into *physical* alignment with that of the other  
42  
43 person so that the actual input from the stimulus changes as a consequence.

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48 Second, the findings also provide a challenge to the proposal that "embodied" processes play  
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50 a causal role in visual perspective taking. Several recent studies have revealed that, to take  
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52 another's visual perspective, people have to mentally rotate their own body into the location  
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54 and orientation of the other person, with time taken to judge another's perspective increasing  
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56 the more this person is rotated away from oneself (Kessler & Thompson, 2010; Kessler &  
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58 Rutherford, 2010; Kozhevnikov et al., 2006; Surtees et al., 2013). Importantly, our data do  
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3 not argue against such a mental rotation process *per se*. They do suggest, however, that this  
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5 process is not *initiated* motorically, as this would have been affected by a person's perceived  
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7 ability to move, or their ability to make active body movements to trigger forward modelling  
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9 of the anticipated sensory input if this mental rotation into the other's body were completed  
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11 (Decety, 1995; Moreau, 2012; Parsons, 1994; Wohlschläger & Wohlschläger, 1998). Instead,  
12  
13 our findings are more consistent with the idea that shifts into the other's perspective emerge  
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15 from a purely visual transformation into the other's space. The body movements of  
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17 participants that we sometimes observed in our task are therefore more likely to reflect an  
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19 epiphenomenal "leakage" of these simulated changes in viewpoint, as is typically observed  
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21 for other forms of imagined action (e.g., Colton et al., 2018; Bach, Griffiths, Weigelt &  
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23 Tipper, 2010; Jacobson, 1930).

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26 It is important to note that whilst we do anecdotally report that participants moved their  
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28 bodies when they were free to do so, we did not measure the body movements they did make,  
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30 nor did we include a condition in the present study, in which participants were actively  
31  
32 instructed to move. We can therefore neither test in the current study to what extent such  
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34 body movements are stronger in participants with a stronger tendency to perspective-take, nor  
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36 whether actively inducing body movements that are congruent or incongruent with the other  
37  
38 person's location would help or hinder visual perspective taking (as seen for example in  
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40 Kessler & Thompson, 2010). Instead, our data provides direct evidence that the (in-)ability to  
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42 make these movements (in the no-movement condition) does not disrupt simulated changes in  
43  
44 viewpoint. They therefore suggest that, while visual perspective taking may depend on the  
45  
46 ability to *mentally* plan or imagine such bodily transformations through space, it does not  
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48 depend on the ability to *physically make* these movements to trigger shifts into the others'  
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50 perspective (see Bach et al. 2014, for a similar argument for motor imagery of manual  
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52 actions). If this is correct, the inadvertent body movements we sometimes observe in our task  
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3 are better explained through an inverse planning process that derives (and sometimes  
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5 inadvertently elicits) body movements that realize the imagined spatial transformations,  
6  
7 rather than forward modelling processes that predict the visuospatial transformations that  
8  
9 happen as a consequence of the body movements one makes (see Wohlschläger, 2000; Bach  
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11 et al. 2014, Colton et al., 2019; for a similar argument for motor imagery of manual actions).  
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15 A second, more exploratory, goal of the study was to determine whether individual  
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17 differences are related to the stronger (or weaker) tendencies to take another's visual  
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19 perspective across participants, given that perspective taking and mentalizing more generally  
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21 has been linked to an individuals' social interaction abilities (e.g., Batson et al., 1997; Erle &  
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23 Topolinski, 2015; Tomasello et al., 2005) and their breakdown in conditions such as  
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25 Schizophrenia (e.g., Langdon & Coltheart, 1999; 2001; Mohr et al., 2006) or Autism  
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27 Spectrum conditions (Hamilton et al., 2009; Frith et al., 1991; for a review, see Hamilton,  
28  
29 2009). To this end, we correlated our individual measures of perspective taking with common  
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31 individual difference measures that have been empirically or conceptually linked to  
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33 perspective taking and Theory of Mind, such as Schizotypal traits (STQ; Claridge & Brocks,  
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35 1984), Autistic traits (AQ; Baron-Cohen et al., 2001), or the ability to coordinate social  
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37 interactions (IRI; Davis, 1983). Our data replicate the existing (but relatively weak) link  
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39 between Schizotypal symptoms and problems with taking others' perspective (Langdon &  
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41 Coltheart, 2001; Langdon et al., 2001). Measures of social ability and empathy (AQ and IRI),  
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43 however, did not correlate with perspective taking, even when individual subscales were  
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45 considered, and Bayesian analyses provided considerable evidence *against* such a link.  
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51 These findings may be surprising in light of the proposed link between visual perspective  
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53 taking and mentalizing and other coordination processes in social interactions (e.g., Batson et  
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55 al., 1997; Erle & Topolinski, 2015; Tomasello et al., 2005; Mattan, et al., 2016; Freundlieb et  
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57 al., 2016; Bukowski & Samson, 2017) and that those with autism find it more difficult to  
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3 make perceptual judgments from another's visual perspective (Hamilton et al., 2009; for a  
4 review, see Pearson, Ropar & Hamilton, 2013). Of course, our task involved people with  
5 autistic traits only, without actual diagnoses of ASD. Moreover, it did not involve actual  
6 social interactions, so that any fundamentally "social" mechanisms may not be engaged as  
7 effectively. Nevertheless, even in prior literature, such relationships are inconsistent, and  
8 often found most robustly in children but not adults with ASD, implying that, while  
9 perspective taking might be delayed in ASD, it may have mostly caught up when participants  
10 reach adulthood, such as in the present sample. In addition, difficulties with representing  
11 another's view in ASD are usually observed in tasks in which people must explicitly take  
12 others' perspectives (Pearson et al., 2013), but less so in more implicit tasks such as ours  
13 (e.g., Zwickel, et al., 2010). This is consistent with the proposal that those with ASD may  
14 have primarily problems with intentionally *selecting* one of several possible perspectives  
15 (Ramsey, Hansen, Apperly & Samson, 2013; Schwarzkopf, Schilbach, Vogely &  
16 Timmermans, 2014; Qureshi, Apperly & Samson, 2010) instead of the spontaneous  
17 *computation* of such perspectives, which is measured by our task.

18  
19 If these considerations are taken seriously, then our data is more consistent with the view that  
20 perspective taking may not have specifically developed – either in ontogeny or phylogeny –  
21 to support social interactions but may build upon a more fundamental process of navigation  
22 and action planning (e.g., Ward et al., 2020; Kozhevnikov et al., 2006, Quesque et al., 2020).

23  
24 To effectively act in the world, humans constantly need to be able to derive from which  
25 location they may be able to see an object clearly or operate on it effectively. Visual  
26 perspective taking may have developed from this basic skill to imagine the world from  
27 another location that one could occupy, with other people providing simple landmarks to  
28 drive these processes. Several findings seem to support such an account. For example, it has  
29 been known for a long while that people's ability to take another's perspective is correlated  
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3 with navigation skills (Allen, Kirasic, Dobson, Long & Beck, 1996; Hegarty & Waller, 2004;  
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5 Kozhevnikov et al., 2006) and it has been reported that people are as ready to view the world  
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7 from another person's perspective as from the perspective of a landmark that supports  
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9 navigation towards it, such as an empty chair (Gunalp, Moossaian & Hegarty, 2019; Quesque  
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11 et al., 2020). In neuroimaging studies of mentalizing and perspective taking (see Bukowski,  
12  
13 2018 for a critical review; Schurz, Aichhorn, Martin & Perner, 2013, for meta-analysis), key  
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15 regions such as the temporo-parietal junction (TPJ) and the precuneus are also implicated in  
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17 (imagined egocentric) navigation (Committeri, Piccardi, Galati & Guariglia, 2015; Boccia,  
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19 Sulpizio, Palermo, Piccardi, Guariglia, & Galati, 2017; Boccia, Nemmi & Guariglia, 2014),  
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21 and (virtual) lesion of the TPJ in particular can induce out of body experiences (Blanke et al.,  
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23 2005), effectively moving oneself mentally into other possible locations one could occupy. In  
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25 our own work with the present task, we have found that perspective taking is not sensitive to  
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27 "social" features of the other person, such as whether they are looking at the item to be  
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29 judged or not (Ward et al., 2020), but specifically their location in space, also in line with a  
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31 social process of perspective taking that build upon more fundamental navigational abilities.  
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38 If these links were borne out by future research, it may suggest that at least the spontaneous  
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40 shifts of perspective measured in our and the above tasks rely on fundamental spatial  
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42 abilities, which put one into another's shoes, but do not necessarily let one see through their  
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44 eyes. Future studies should include measures of navigational skill in perspective taking tasks.  
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48 When these abilities are properly accounted for, and parcelled out, it may be possible to  
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50 uncover the more social components that drive perspective taking. It may then be possible to  
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52 describe not only how visual perspective taking has developed out of basic skills for spatial  
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54 navigation, but also how more sophisticated processes for mentalizing and theory of mind  
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56 build upon these processes, to help us understand other people better and interact with them  
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58 more effectively.  
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## Conclusions

Our results confirm, first, that people represent others' viewpoints in a quasi-perceptual manner, such that other's perspectives can "stand in" for own input and drive subsequent item recognition and mental rotation processes. Second, they show that people can derive others' visual perspectives irrespective of whether they could move their own bodies, ruling out that physical movement is necessary either to trigger "embodied" perspective taking processes or to physically align one's own perspective with that of the other person. Third, people's spontaneous tendency to perspective take is negatively linked to their Schizotypal traits but increases with age. It is however relatively independent from their autistic traits and their competency in coordinating social interactions, pointing towards a reliance on more fundamental processes of mental travel and imagined navigation.

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## Author contributions

EW and PB designed the experiment with GG. EW programmed the study and prepared the stimuli, together with KM. Data were collected by undergraduate project students at the University of Plymouth under the supervision of EW, KM and PB. EW and PB and GG



1  
2  
3 analysed the data. EW, PB, GG wrote the manuscript. KM provided critical feedback  
4  
5 throughout.  
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### 10 **Declaration of interests**

11  
12 The authors declare no competing interests.  
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14

### 15 **Supplementary Material**

16  
17 The Supplementary Material is available at: [qjep.sagepub.com](http://qjep.sagepub.com)  
18  
19

### 20 **Data Accessibility Statement**

21  
22 The data and materials from the present experiment are publicly available at the Open  
23  
24 Science Framework website: [osf.io/9r7qn/](https://osf.io/9r7qn/)  
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Peer Review Version

## Figure Captions

**Figure 1. (A) Scene set up and, (B) schematic of the trial sequence.** Panel A shows the position of the persons in the scenes relative to the participant and the character on the table, producing a viewpoint rotated by approx. 90 degrees relative to the participant. Panel B shows the timing of the trial sequence. First participants viewed a fixation cross and 300ms blank screen. The next scene showed a male (pictured above) or female actor positioned either to the left or the right of the table. After a random period of 1500ms to 2200ms, an alphanumeric character appeared on the table either in its canonical or mirror-inverted form. Participants responded with a button press to indicate whether they thought the letter was normal or mirrored. In half of all trials, participants' movement was restricted using a standard chin rest.

**Figure 2. Results for both free-movement and no-movement conditions: Movement restriction does not impede visual perspective taking.** (A) *Free-movement condition.* Left panel: Mean recognition times (ms) to correctly classify items as canonical or mirror-inverted in each of the eight orientations depending on whether the person was absent (dotted line), sitting on the left (red), or sitting on the right (green). Right: Violin charts showing the Left/right bias, which marks how much more quickly the participant classified items oriented towards the left than the right, depending on when the other person in the scene was sitting on the right (top), was absent (middle), or was sitting on the left (bottom). (B) *No-movement condition.* Left: Mean recognition times (ms) for mirror-inverted/canonical judgements as described for (A). Right: Left/right bias when participants' movement is restricted using a chin rest, as described for (A).

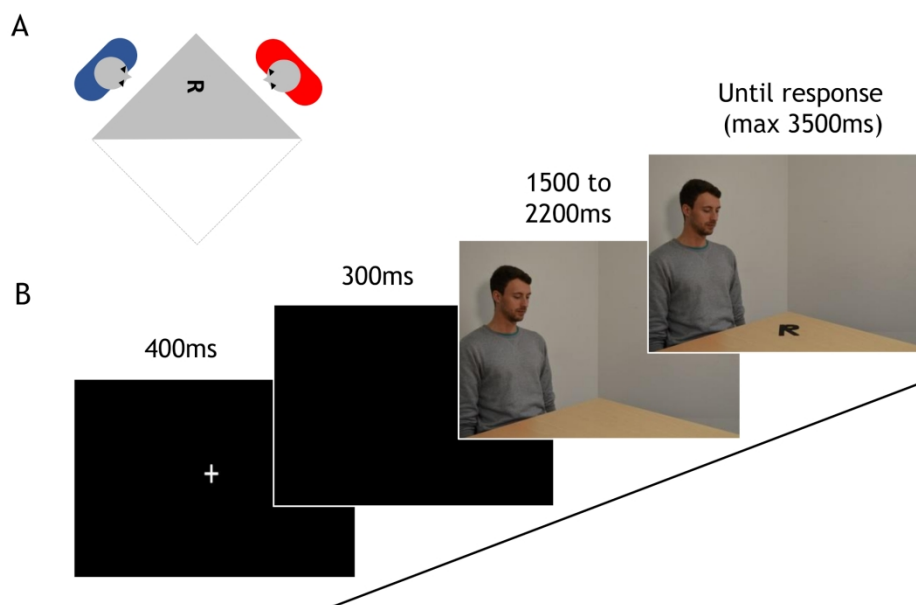


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199x134mm (300 x 300 DPI)

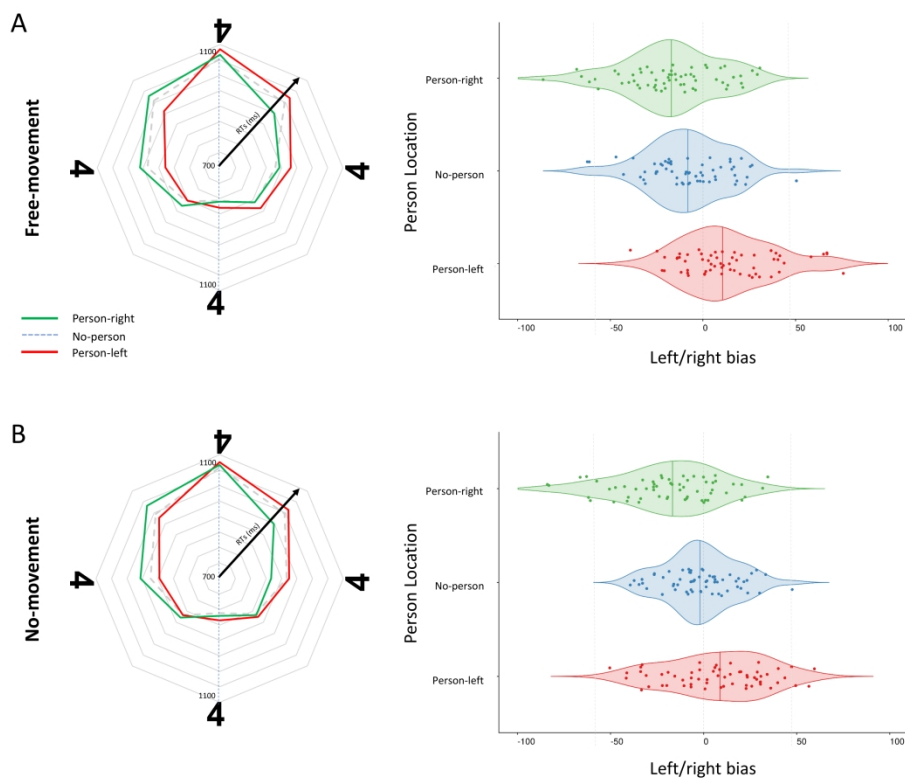


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338x282mm (300 x 300 DPI)

**Table 1.** Means (M) and Standard Deviations (SD) for the Left/Right- and Towards/Away-biases in Error rates in all conditions. Forward/Away and Left/Right-biases were calculated analogously as for the recognition times. \* $p < .05$ . \*\* $p < .001$ .

Condition	Toward/away bias			Left/right bias		
	Person-left <i>M (SD)</i>	Person-right <i>M (SD)</i>	No-person <i>M (SD)</i>	Person-left <i>M (SD)</i>	Person-right <i>M (SD)</i>	No-person <i>M (SD)</i>
All	-.023 (.02)**	-.02 (.02)**	-.021 (.02)**	-.005 (.015)*	.002 (.016)	-.001 (.014)
Free-movement	-.022 (.02)**	-.017 (.02)**	-.019 (.03)**	-.006 (.019)*	.000 (.022)	.002 (.021)
No-movement	-.024 (.02)**	-.022 (.02)**	-.024 (.02)**	-.005 (.021)*	.003 (.021)	-.004 (.017)